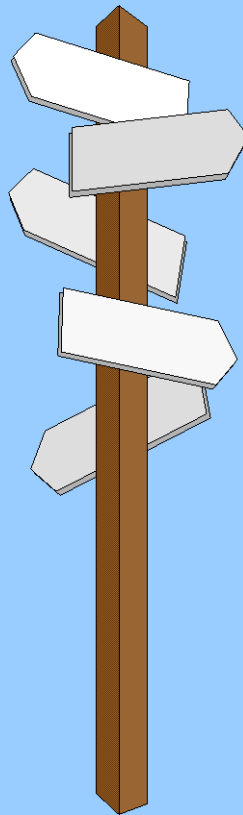


# Welcome to 10th Grade Class of 2013



10/7/2010

# Agenda

- **Graduation Requirements**
- **Grades / Academic Performance**
- **Fall Events**
- **Post High School Options**
- **College Entrance Tests**
- **Career & College Exploration**
- **Additional Opportunities**

# Graduation Requirements

10/7/2010

# 240 Credits are Required to Graduate

## Course Requirements

## Years

English	4
Social Studies	3
Math	3
Science	2
Health	.5
Computer Technology	.5
Fine Arts/Foreign Language	1
Physical Education	2
Electives (80 credits)	

# HIGH SCHOOL EXIT EXAM

English-Language Arts      March 8, 2011

Mathematics                      March 9, 2011

## MAKE-UPS IN MAY

# TECHNOLOGY PROFICIENCY

1) ICT - Information & Communication  
Technology Course

or

2) Challenge Test (Summer 2011)

# Grades & Academic Performance

10/7/2010

# ABI

**Parent Access (Need E-Mail Address & Password)**

- **Student Info**
  - **Demographics**
  - **Emergency**
  - **Class Schedule**
  - **Test scores**
- **Attendance**
- **Grades**
  - **Class Assignments**
  - **Homework**
  - **Grades**
  - **Graduation Status**
  - **Transcripts**

# GRADE REPORTS

## Grading Period Ends

- October 8<sup>th</sup> (quarter)
- November 5<sup>th</sup> (progress)
- December 17<sup>th</sup> (semester)
- February 11<sup>th</sup> (progress)
- March 18<sup>th</sup> (quarter)
- April 15<sup>th</sup> (progress)
- May 27<sup>th</sup> (semester)

Progress report cards are given to students in their 3<sup>rd</sup> period class to take home.

Progress report cards for Students who have D's or F's will be mailed.

# Communication Options

- 1) Encourage son/daughter to talk to teacher 1<sup>st</sup>
  - Importance of Self-advocacy  
(At nutrition break, before and after school)
  
- 2) Email (Teacher email list is available on the ORHS website)  
<http://orhs.eduhsd.k12.ca.us/staff>
  
- 3) ABI

# TUTORING OPTIONS

- **A Student Math Tutor List is available in the Counseling Office**
- **Student Science & Spanish Tutor Lists are Available in the Counseling Office**
- **Teachers by appointment before and after school**
- **A list of private tutors is available in the Counseling Office**

# Meet with the Counselor

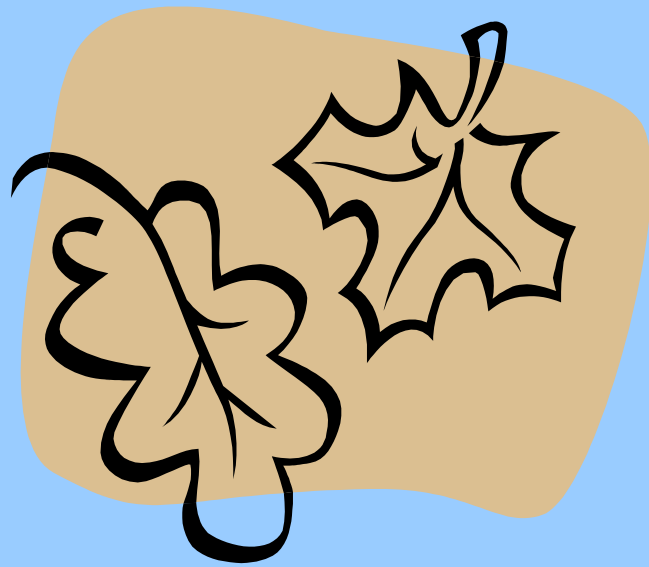
- Students can make appointments to speak with their counselor
  - 4 year planning
  - Academic and/or personal concerns

It is recommended to meet once a year if taking "a-g" coursework

# Counselor Options

<b>Last Names</b>	<b>Counselor Assignment</b>	
A - C	Glen Swedelson	Ext. 3051
D-Kim	Jill Howard	Ext. 3053
Kin-McC	Kim Melbinger	Ext. 3310
McD-Rel	Darsy Arburn	Ext. 3052
Rem - Z	Mandy Fielder	Ext. 3055

**Email or Call (916) 933-6980 X 3050**



# Fall Events

10/7/2010

# Regional College Fair

**COLLEGE AND VOCATIONAL PROGRAMS**

**TUESDAY, OCTOBER 12th**

**6:30 - 8:30 PM**

**@ Union Mine High School**

**DISTRICT-WIDE EVENT**

# List of Participants (to date)

- **UC**: Berkeley, Davis, Merced, Riverside, Santa Cruz
- **CSU**: Sacramento, Humboldt, Chico, Monterey Bay, San Francisco, Sonoma, Cal Maritime
- **Private Colleges**: Stanford, Brown University, St. Mary's, University of the Pacific, Azusa Pacific, University of San Francisco, Dominican University, William Jessup University, Point Loma Nazarene University, Patten University, Menlo College, Bethany University
- **Out of State**: Arizona State University, Embry-Riddle, University of Puget Sound, University of Nevada, Reno, University of Utah, Boise State, Hawaii Pacific University, Johnson & Wales University, University of Montana, University of Colorado, Sierra Nevada College, Mesa State College, Milwaukee School of Engineering, Montana Tech, University of Idaho, University of Illinois, University of Kansas
- **Military**: Air Force Academy, West Point, U.S. Coast Guard Academy, NROTC, Air Force, Army, Marines, Navy, CA Army National Guard
- **Career Colleges**: Academy of Art, Cogswell College, Expression, FIDM, & Kitchen Academy, Universal Technical Institute, DeVry, Heald College, Drexel University, DeVry University, Institute of Technology
- **Community Colleges & Central Sierra ROP**

# Breakout Sessions:

- College 101 (Start time 6:00 PM)
- UC & CSU Admissions Panel
- US Military Academies



# College Visits @ Oak Ridge

Westmont College  
Point Loma University  
University of Southern California  
Dominican University of California  
Sacramento State  
Oregon State University  
Gonzaga University  
St. Mary's College of California  
Willamette University  
Montana State University  
Azusa Pacific University  
Cal Lutheran  
Boise State University  
University of Kansas  
Pomona College  
Pepperdine University  
University of Chicago  
Western Washington University

(Subject to Change)

# PSAT

**Critical Reading**

**Writing (multiple choice)**

**Math (algebra/geometry)**

**Given at Oak Ridge on Wed., Oct. 13<sup>th</sup>**

**From 8:30 AM to 12 Noon**

**Sign up at the Finance Window or Online**

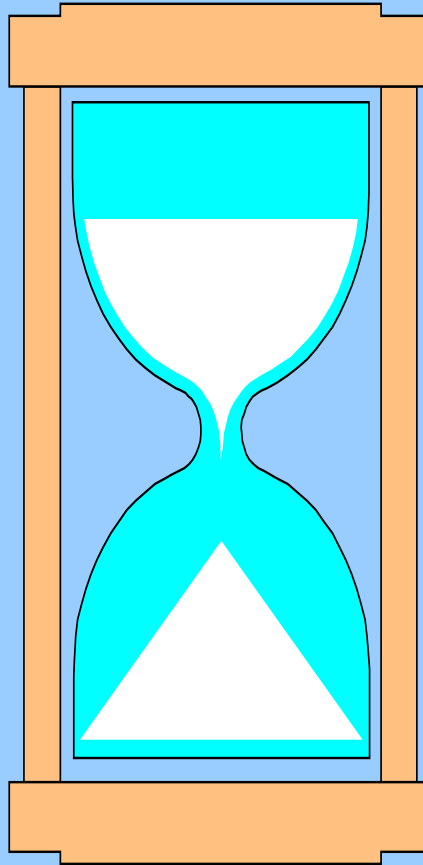
**\$18**

# PSAT = Practice SAT

- Measures critical reading, math and writing skills
- First step to enter the National Merit Scholarship Program (Juniors Only)
- Provide valuable feedback - Detailed Report Provided
- Predicts success in the SAT Reasoning Test
- MyRoad Access  
(personalized study plan, find colleges, majors and careers)

**Given at ORHS each year in October**

# Post High School Options

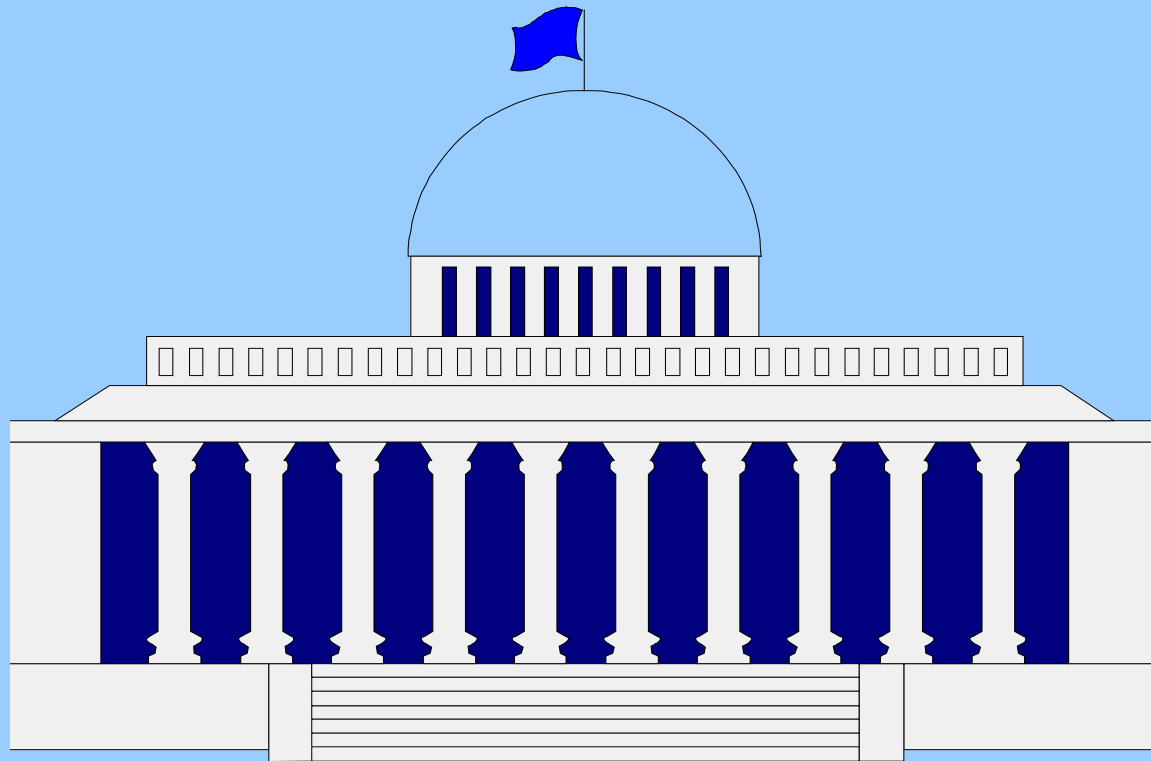


10/7/2010

# Identify Your Options

- 4-Year College
- Community College
- Vocational School
- Military

# 4-Year Colleges



10/7/2010

# University of California

- Berkeley
- Davis
- Irvine
- Los Angeles
- Merced
- Riverside
- Santa Barbara
- Santa Cruz
- San Diego

# California State Universities

- Bakersfield
- Channel Islands
- Chico
- Dominguez Hills
- Fresno
- Fullerton
- Hayward
- Humboldt
- Long Beach
- Los Angeles
- Cal Maritime
- Monterey Bay
- Northridge
- Pomona
- Sacramento
- San Bernardino
- San Diego
- San Francisco
- San Jose
- Cal Poly
- San Marcos
- Sonoma
- Stanislaus

# 4-Year Public College Requirements

## UC & California State University Admission Requirements (Minimum) ("a-g" coursework)

- History/Social Science 2 Year
- English 4 Years
- Mathematics 3 Years (UC recommends 4 yrs)
- Lab Science 2 Years (UC recommends 3 yrs)
- Foreign Language 2 Years (UC recommends 3-4 yrs)
- Visual & Performing Arts 1 Year
- College Prep Electives 1 Year

**Completed with "C" or better**

# UCs and Other Competitive Colleges base their Admission Decisions on...

- Academic Rigor
- Grades (10<sup>th</sup>, 11<sup>th</sup>, & 12<sup>th</sup>)
- Test Scores: SAT & ACT W/Writing
- Personal Statement/Essay
- Special Skills/Talents
- Extracurricular Activities
- Volunteer Work/Community Service
- Honors and Awards
- Employment

# UC PERSONAL STATEMENT PROMPTS

1. Describe the world you come from - for example, your family, community or school - and tell us how your world has shaped your dreams and aspirations.
2. Tell us about a personal quality, talent, accomplishment, contribution or experience that is important to you. What about this quality or accomplishment makes you proud and how does it relate to the person you are?

# UC ELC Program - REVISED

- Top 9 % (beginning with class of 2012)
- Students need to complete at least 11 “a-g” classes by the end of junior year
- UC evaluates students and will determine the student ranking for ELC purposes

# California State University

(Except Cal Poly, San Luis Obispo)

# Grades & Test Scores

10/7/2010

# CSU Eligibility Index

**GPA    SAT Reasoning Test Score  
(Critical Reading & Math Only)**

**3.0    No Minimum Score**

**2.8    660**

**2.6    820**

**2.4    980**

**2.2    1140**

**2.0    1300**

# Private Colleges

10/7/2010

# Consider Private Colleges

They may not be as costly as you think...

Many Private Colleges have

**large endowments**

to help students finance their education

# Requirements for Private Colleges Vary

Check with Individual Colleges

@ [www.collegeboard.com](http://www.collegeboard.com)

# Partial List of Private Colleges Oak Ridge Students Have Attended

- Stanford University
- University of Southern CA
- University of the Pacific
- University of San Francisco
- St. Marys College
- Menlo College
- Pt. Loma Nazarene
- Pepperdine University
- Azusa Pacific University
- Westmont College
- University of Santa Clara
- University of San Diego
- Duke
- MIT
- Harvard
- Penn
- Columbia
- Amherst
- Sarah Lawrence
- Babson
- Northwestern
- University of Chicago
- Harvey Mudd
- Vassar
- NYU
- Brigham Young University

# Community College

10/7/2010

# Community College Options

- Transfer
  - Guaranteed Transfer Program
- AA or AS Degree (2 Years)
- Certificate Degree Program

# Career Colleges & The Military

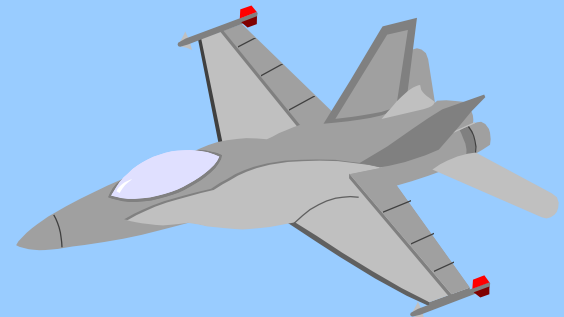
10/7/2010

# Career Colleges

- California Culinary Academy
- Le Cordon Bleu
- FIDM
- Wyotech
- Carrington College
- Academy of Art
- Heald College
- ITT Tech

# Military Options

- **Enlist**
- **ROTC**
- **Military Academies**



# NROTC Presentation

## Information Session

- October 7<sup>th</sup> during lunch
- \$180,000 scholarship opportunity
- Full tuition plus monthly stipend
- Officer Training
- No obligation for the first year of college

## Eligibility Requirements

- US Citizen
- 17 year of age
- Take ACT or SAT
- Major in any field
- Unlimited travel
- 30 days of paid vacation annually
- Medical and health benefits

# College Entrance Tests



10/7/2010

# SAT Question of the Day (Email to student)

<http://apps.collegeboard.com/qotd/question.do>

# College Board EMail Reminders

[www.collegeboard.com/html/newsletters/newsletters.html](http://www.collegeboard.com/html/newsletters/newsletters.html)

# College Entrance Tests

Required by 4 Year Colleges

## SAT Reasoning Test

- Math
- Critical Reading
- Writing

Mail or Online Registration

OR

## ACT

- Math
- English
- Science
- Reading
- Writing (opt)

Mail or Online Registration

# UC Admission Change

## Class of 2012 and beyond

**SAT Subject Tests - will not be an admission requirement for the UC beginning with the class of 2012**

**Some UC Departments may recommend students take a particular SAT Subject Test**

**Check with the college to determine their requirements**

# Career & College Exploration

10/7/2010

# 10th Grade Career Exploration



1) Bridges Online Career Assessment

2) Lookup career "matches"

Identify type of education needed

Explore colleges

# Career Exploration Web Site

[www.bridges.com](http://www.bridges.com)

User Name: 0008573

Password: ridge

[Choices Explorer > Careers](#)

[College Board > Majors](#)

# Additional Opportunities

10/7/2010

# Regional Occupation Program

- Animal Health
- Architectural CAD (ORHS)
- Automotive Body
- Careers with Children
- Computer Applications
- Cosmetology
- Culinary
- Dental Assisting
- Dental Radiography
- Electronics
- Fire Control Technician
- Fire Control Technician
- Graphic Arts
- Hospital Occupations
- Law Enforcement
- Manicuring
- Marketing (ORHS)
- Medical Assistant
- Metal Fabrication/Welding
- Photography
- Video Production

**Junior & Senior Year**

# Career Center Resources

- Volunteer Fair (fall)
- College Admission Representatives/Students
- Career Information
- Job Board and Work Permits
- Community Service Options
- Academic Enrichment Opportunities
- College Catalogs/DVDs
- College Applications, SAT Study Books
- Scholarships & Financial Aid

[www.orhscareercenter.com](http://www.orhscareercenter.com)

# Sophomore Opportunities

National Honor Society - 2<sup>nd</sup> semester application period begins  
January 18, 2011.

(3.5 GPA, Volunteer, leadership, citizenship)

HOBY - Summer 2011 Leadership Opportunity

Fall 2010 - HOBY Information is available now

List of Volunteer Opportunities in the Career Center

Enrichment programs

Job Board

Scholarships

**The End**