



WELCOME

Freshmen Parents

Class of 2014

Agenda

- **Graduation Requirements**
- **Student Services**
- **Post Secondary Options**
- **Annual Events**

Graduation Requirements

- 240 Credits to graduate and
- Pass CA High School Exit Exam

240 Credits are Required to Graduate

Course Requirements

Years

English	4
Social Studies	3
Math	3
Science	2
Health	.5
Computer Technology	.5
Fine Arts/Foreign Language	1
Physical Education	2
Electives (80 credits)	


TECHNOLOGY PROFICIENCY

- 1) ICT (Information and Communication Technology)
or
- 2) Challenge Test (Summer 2011)

HIGH SCHOOL EXIT EXAM

- **English-Language Arts & Mathematics**
- **Students tested sophomore year**

March 2012 Testing
May 2012
Make-ups



THE IMPORTANCE OF 9TH GRADE

Course opportunities are based on
academic performance beginning freshmen year

Student Services

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ABI

Parent Access (Need E-Mail Address & Password)

- Student Info
 - Demographics
 - Emergency
 - Class Schedule
 - Test scores
- Attendance
- Grades
 - Class Assignments
 - Homework
 - Grades
 - Graduation Status
 - Transcripts
- Email apalm@eduhsd.net to get connected

GRADE REPORTS

Grading Period Ends

- October 8th (quarter)
- **November 5th (progress)**
- December 17th (semester)
- **February 11th (progress)**
- March 18th (quarter)
- **April 15th (progress)**
- May 27th (semester)

Progress report cards are given to students in their 3rd period class to take home.

Quarter and semester grades mailed home.

Communication Options with Teachers

- 1) Encourage son/daughter to talk to teacher 1st

Importance of Self-advocacy

(At nutrition break, before and after school)

- 2) **Email (Teacher email list is available on the ORHS website)**
<http://orhs.eduhsd.k12.ca.us/staff/>

Meeting with Counselors

- Students can make appointments to speak with their counselor
 - 4 year planning
 - Academic and/or personal concerns

It is recommended to meet once a year if taking “a-g” coursework

Counselor Assignments

Last Names

Counselor Assignment

A – C

Glen Swedelson

Ext. 3051

D-Kim

Jill Howard

Ext. 3053

Kin-McC

Kim Melbinger

Ext. 3310

McD-Rel

Darsy Arburn

Ext. 3052

Rem – Z

Mandy Fielder

Ext. 3055

Email or Call (916) 933-6980 X 3050

TUTORING OPTIONS

- **Tutor Lists are Available in the Counseling Office**
 - **Math**
 - **Spanish**
 - **Science**
- **Teachers by appointment before and after school**
- **National Honor Students (free)**

Career Center

- Volunteer Fair (fall)
- College Admission Representatives/Students
- Career Information
- Job Board and Work Permits
- Community Service Options
- Summer Enrichment & Special Opportunities
- College Catalogs & DVDs
- College Applications, SAT Study Books
- Scholarships & Financial Aid

www.orhscareercenter.com

Post Secondary Options

- 4-Year College
- Community College
- Military
- Career College

4-Year Colleges

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4-Year Public College Requirements

UC & California State University Admission Requirements (Minimum) ("a-g" coursework)

- History/Social Science 2 Year
- English 4 Years
- Mathematics 3 Years (UC recommends 4 yrs)
- Lab Science 2 Years (UC recommends 3 yrs)
- Foreign Language 2 Years (UC recommends 3-4 yrs)
- Visual & Performing Arts 1 Year
- College Prep Electives 1 Year

Completed with "C" or better

UC COLLEGE ADMISSION CRITERIA

- Comprehensive Review
- Grades
- Test Scores
 - Recommended to take PSAT Oct. 2011
- Course Selection (Advanced, A.P., etc.)
- Extracurricular Activities
- Community Service
- Honors and Awards
- Personal Statement (UC or Private)

UC PERSONAL STATEMENT PROMPTS

1. Describe the world you come from – for example, your family, community or school – and tell us how your world has shaped your dreams and aspirations.
2. Tell us about a personal quality, talent, accomplishment, contribution or experience that is important to you. What about this quality or accomplishment makes you proud and how does it relate to the person you are?

UC ELC Program - REVISED

- **Top 9 % (beginning with class of 2012)**
- **Students need to complete at least 11 “a-g” classes by the end of junior year**
- **UC evaluates students and will determine the student ranking for ELC purposes**

CSU Eligibility Index

**GPA SAT Reasoning Test Score
(Critical Reading & Math Only)**

3.0 No Minimum Score

2.8 660

2.6 820

2.4 980

2.2 1140

2.0 1300

Community College

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Community College

- Transfer to a 4-year college
 - Guarantee Transfer Program
- AA or AS Degree (2 years)
- Certificate Degree Program

Career Colleges & Military

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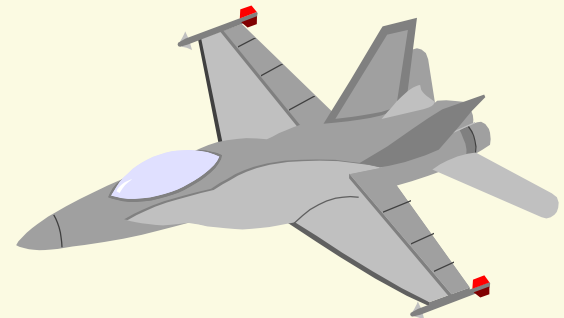
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Career Colleges

- **California Culinary Academy**
- **Le Cordon Bleu**
- **FIDM**
- **Wyotech**
- **Carrington College**
- **Academy of Art**
- **Heald College**
- **ITT Tech**

Military Options

- **Enlist**
- **ROTC**
- **Military Academies**



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College Entrance Tests



- Take the PSAT in 10th & 11th grade
- Take the SAT and/or ACT in 11th & 12th grade

Annual Events

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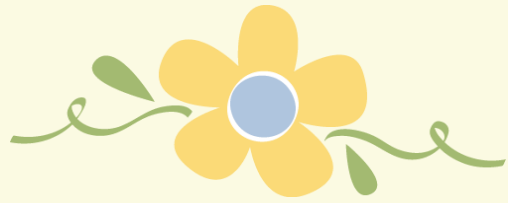
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Fall Events

- **Volunteer Fair**
- **Regional College Fair**
- **US Military Academy Presentation**
- **College Representatives visiting ORHS**
- **PSAT (10th & 11th grade years)**

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Spring Events

- **Registration (January 2011)**
- **AP Parent Night (January)**
- **College Days (college students visit)**
- **Career Fair (next one Spring 2012)**
- **ASVAB (10th & 11th)**