



WELCOME

Freshmen Parents

Class of 2015

Agenda

- **Graduation Requirements**
- **Student Services**
- **Post Secondary Options**
- **Annual Events**

Graduation Requirements

- 240 Credits to graduate and
- Pass CA High School Exit Exam

240 Credits are Required to Graduate

Course Requirements

Years

English

4

Social Studies

3

Math

3

Science

2

Health

.5

Computer Technology

.5

Fine Arts/Foreign Language

1

Physical Education

2

Electives (80 credits)


TECHNOLOGY PROFICIENCY

- 1) ICT (Information and Communication Technology)**
or
- 2) Challenge Test (Summer 2012)**

HIGH SCHOOL EXIT EXAM

- **English-Language Arts & Mathematics**
- **Students tested sophomore year**

March 2013 Testing
May 2013
Make-ups



THE IMPORTANCE OF 9TH GRADE

Course opportunities are based on
academic performance beginning freshmen year

Student Services

10/4/2011

ABI

Parent Access (Need E-Mail Address & Password)

- **Student Info**
 - **Demographics**
 - **Emergency**
 - **Class Schedule**
 - **Test scores**
- **Attendance**
- **Grades**
 - **Class Assignments**
 - **Homework**
 - **Grades**
 - **Graduation Status**
 - **Transcripts**
- **Email apalm@eduhsd.net to get connected**

GRADE REPORTS

Grading Period Ends

- October 7th (quarter)
- **November 4th (progress)**
- December 16th (semester)
- **February 10th (progress)**
- March 16th (quarter)
- **April 20th (progress)**
- May 25th (semester)

Progress report cards are given to students in their 3rd period class to take home.

Communication Options with Teachers

- 1) Encourage son/daughter to talk to teacher 1st

Importance of Self-advocacy

(During break, before and after school)

- 2) **Email (Teacher email list is available on the ORHS website)**
<http://orhs.eduhsd.k12.ca.us/staff/>

Meeting with Counselors

- Students can make appointments to speak with their counselor
 - 4 year planning
 - Academic and/or personal concerns

It is recommended to meet once a year if taking “a-g” coursework

Counselor Assignments

Last Names

Counselor Assignment

A – C

Glen Swedelson

Ext. 3051

D - I

Jill Howard

Ext. 3053

J - Mey

Kim Melbinger

Ext. 3310

Mi - Sc

Darsy Arburn

Ext. 3052

Sd – Z

Mandy Fielder

Ext. 3055

Email or Call (916) 933-6980 X 3050

TUTORING OPTIONS

- Tutor Lists are Available in the Counseling Office
 - Math
 - Spanish & French
- Teachers by appointment before and after school
- A list of private tutors is available in the Counseling Office

Post Secondary Options

- 4-Year College
- Community College
- Career College
- Military

4-Year Colleges

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4-Year Public College Requirements

UC & California State University Admission Requirements (Minimum) ("a-g" coursework)

- History/Social Science 2 Year
- English 4 Years
- Mathematics 3 Years (UC recommends 4 yrs)
- Lab Science 2 Years (UC recommends 3 yrs)
- Foreign Language 2 Years (UC recommends 3-4 yrs)
- Visual & Performing Arts 1 Year
- College Prep Electives 1 Year

Completed with "C" or better

UC / CSU Grade Point Average

- CSUs & UCs use 10th and 11th grade year grades in academic coursework, receiving C's or better
- GPA for selection may be different

University of California

Davis

Berkeley

Santa Cruz

Santa Barbara

Irvine

Riverside

San Diego

Los Angeles

Merced



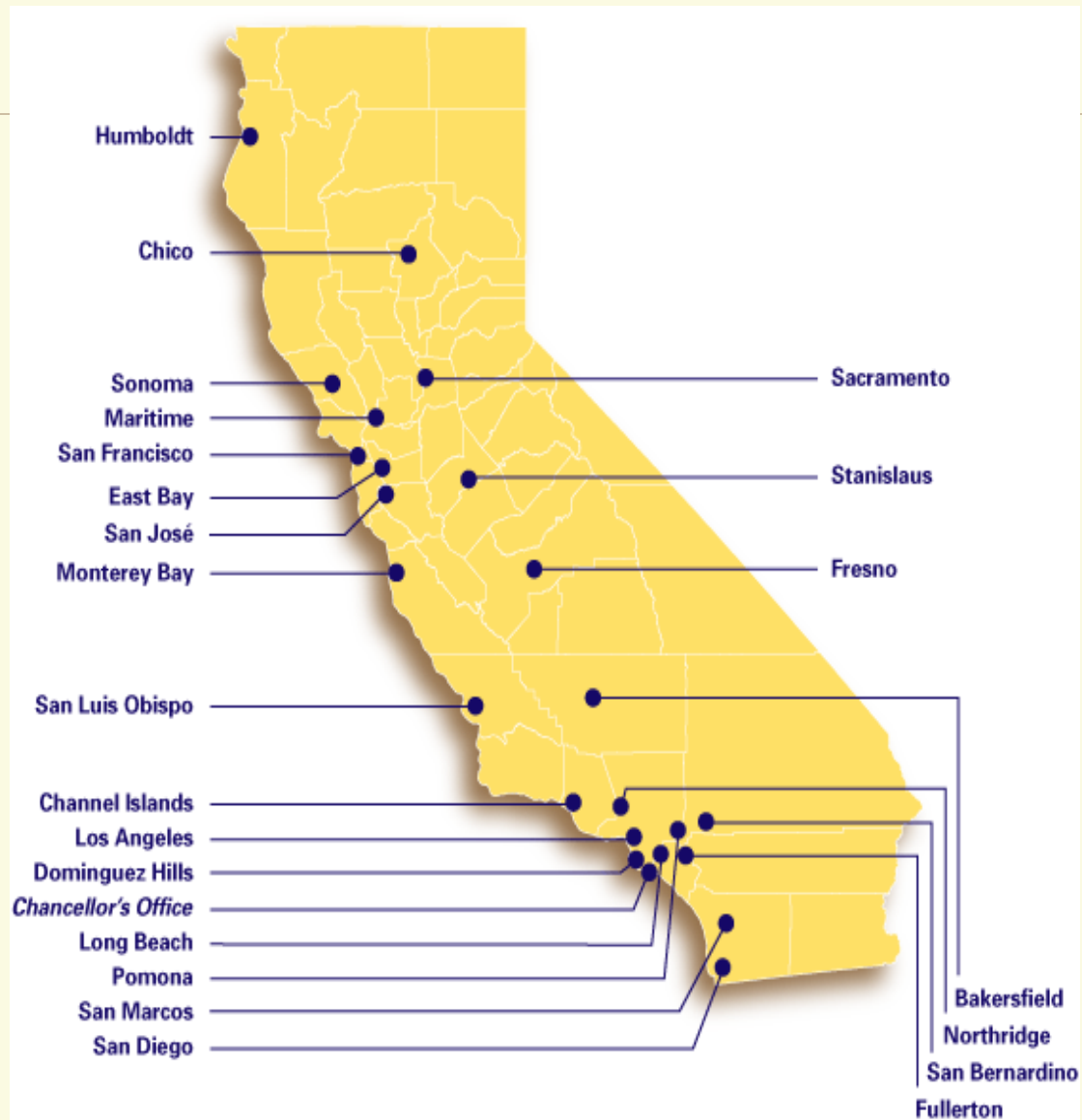
UC COLLEGE ADMISSION CRITERIA

- Comprehensive Review
- Grades
- Test Scores
 - Recommended to take PSAT Oct. 2011
- Course Selection (Advanced, A.P., etc.)
- Extracurricular Activities
- Community Service
- Honors and Awards
- Personal Statement (UC or Private)

UC PERSONAL STATEMENT PROMPTS

1. Describe the world you come from – for example, your family, community or school – and tell us how your world has shaped your dreams and aspirations.
2. Tell us about a personal quality, talent, accomplishment, contribution or experience that is important to you. What about this quality or accomplishment makes you proud and how does it relate to the person you are?

California State University



CSU Admissions based on:

- **College Prep coursework grades**
- **SAT Reasoning and/or ACT Scores**
- **Eligibility Index**

***Cal Poly, SLO uses “Comprehensive Review”**

Consider Private Colleges

They may not be as costly as you think...

Many Private Colleges have

large endowments

to help students finance their education

Partial List of Private Colleges Oak Ridge Students Have Attended

- Stanford University
- University of Southern CA
- University of the Pacific
- University of San Francisco
- St. Mary's College
- Menlo College
- Pt. Loma Nazarene
- Pepperdine University
- Azusa Pacific University
- Westmont College
- University of Santa Clara
- University of San Diego
- MIT
- Harvard
- Penn
- Columbia
- Amherst
- Sarah Lawrence
- Babson
- Northwestern
- University of Chicago
- Harvey Mudd
- Vassar
- NYU
- Brigham Young University

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•Duke

Community College

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Community College

- 112 California Community Colleges
- Transfer to a 4-year college
 - Guarantee Transfer Program
- AA or AS Degree (2 years)
- Certificate Degree Program

Career Colleges & Military

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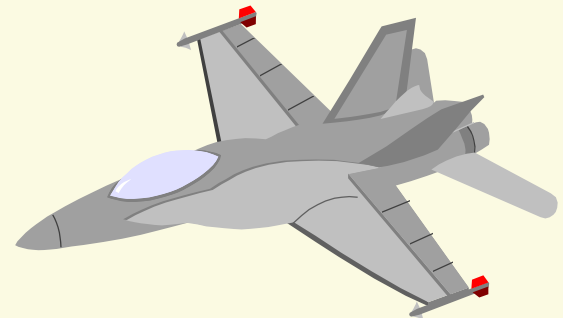
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Career Colleges

- **California Culinary Academy**
- **Le Cordon Bleu**
- **FIDM**
- **Wyotech**
- **Carrington College**
- **Academy of Art**
- **Heald College**
- **ITT Tech**

Military Options

- **Enlist**
- **ROTC**
- **Military Academies**



Military Academy Night

@

The Regional College Fair
Union Mine High School

Tues., Oct 11th
5:30 -6:30 PM



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College Entrance Tests



- Take the PSAT in 10th & 11th grade
- Take the SAT and/or ACT in 11th & 12th grade

Events & Resources

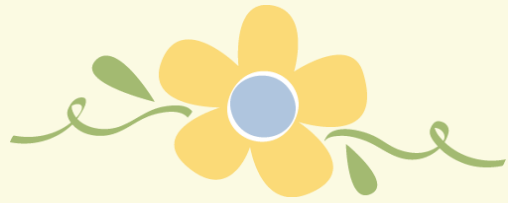
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Fall Events

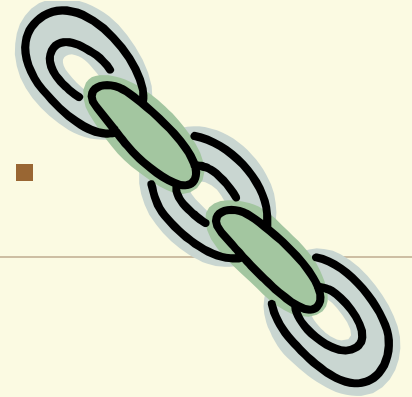
- **Volunteer Fair – Sept. 22nd**
- **Regional College Fair – Oct. 11th**
- **US Military Academy Presentation – Oct. 11th**
- **PSAT (10th & 11th grade years) – Oct. 12th**
- **College Representatives visiting ORHS
(ongoing)**



Spring Events

- **Registration (January 2012 for the 2012-2013 Year)**
- **AP Parent Night (January) - TBA**
- **College Days (college students visit) - TBA**
- **Career Fair – March 22nd**
- **ASVAB (10th & 11th) – April 16th**

Get Connected....



- Athletics
- Clubs
- School drama productions
- Special events @ ORHS
- Community Service
- Summer Enrichment

Career Center Resources

- **College Admission Representatives/Students**
- **Spring Career Fair**
- **Career Information**
- **Work Permits**
- **Community Service “Volunteer” Options**
- **Academic Enrichment Opportunities**
- **College Catalogs/DVDs**
- **College Applications, SAT Study Books**
- **Scholarships & Financial Aid**

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www.orhscareercenter.com



The End

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